

# Morning & Evening Devotions

*Hillsdale First Presbyterian Church*



May 31st - June 27th, 2020

### ***Instructions for use:***

The devotions which follow are designed to be simple, foundational, and unifying. They permit great flexibility, keep our minds fixed on the central teachings of our faith, and foster shared spiritual experience.

Each week, you will find devotions for morning and evening use. The same material is to be repeated on as many days as you feel led. This repetition may feel restrictive, but it liberates us to dig deeply into the readings through revisiting them over many days. In the morning, you begin with a period of silence as you seek to collect yourself before the Lord. A morning prayer and a morning psalm reading follow. As you prepare yourself for the day, review the Ten Commandments and remind yourself of God's will for your relationships. The time concludes with the Lord's Prayer, a reading or singing of the Gloria Patri, and another period of meditative silence.

In the evening, you begin with a period of silence as you call yourself back from the day's happenings. An evening prayer and an evening gospel reading follow. As you prepare to close the day, review the Apostles' Creed and rest in the enduring truths of our faith. The time concludes with the Lord's Prayer, a reading or singing of the Doxology, and another period of meditative silence.

In both the morning and evening times, you are invited to personalize and experiment. Share the time with others. Add extended periods of silence or changes in posture. Combine the devotion with other spiritual reading. Make room for extemporaneous prayer. May God's blessings in Jesus be yours as you make use of these devotions.

*The image on the front page is Jan van Eyck's Adoration of the Lamb from the Ghent Altarpiece. The image was downloaded from Wikimedia Commons.*

*All Scripture readings are from the Christian Standard Bible. Use of the word LORD in all caps represents the Hebrew name YHWH.*

*All prayers are taken from the resource Open Prayer.*

## **Morning Week One**

### *Silent Meditation*

### *Morning Prayer*

Blessed be thou, Lord God our Father, forever and ever. Thine, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heavens and in the earth is thine; thine is the kingdom, O Lord, and thou art exalted as head above all. Now therefore, our God, we thank thee, and praise thy glorious name, for all things come of thee. O Lord God of our fathers, keep this forever in the imagination of the thoughts of the heart of thy people, and prepare their heart unto thee.

Adapted from 1 Chronicles 29:10-18

### *Morning Psalm*

How countless are your works, LORD! In wisdom you have made them all; the earth is full of your creatures. Here is the sea, vast and wide, teeming with creatures beyond number - living things both large and small. There the ships move about and Leviathan which you formed to play there. All of them wait for you to give them their food at the right time. When you give it to them, they gather it; when you open your hand, they are satisfied with good things. When you hide your face, they are terrified; when you take away

their breath, they die and return to the dust. When you send your breath, they are created, and you renew the surface of the ground. May the glory of the LORD endure forever; may the LORD rejoice in his works. He looks at the earth, and it trembles; he touches the mountains, and they pour out smoke. I will sing to the LORD all my life; I will sing praise to my God while I live. May my meditation be pleasing to him; I will rejoice in the LORD. May sinners vanish from the earth and wicked people be no more. My soul, bless the LORD! Hallelujah!

Psalm 104:24-35

### *The Ten Commandments*

Do not have other gods besides me. Do not make an idol for yourself in the shape of anything in the heavens above or on the earth below or in the waters under the earth...Do not misuse the name of the LORD your God...Be careful to remember the Sabbath day, to keep it holy as the LORD your God has commanded you...Honor your father and your mother, as the LORD your God has commanded you, so that you may live long and so that you may prosper in the land the LORD your God is giving you. Do not murder. Do not commit adultery. Do not steal. Do not give dishonest testimony against your neighbor. Do not covet...

Deuteronomy 5:7-21

### *The Lord's Prayer*

Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

### *The Gloria Patri*

To be spoken or sung:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be. World without end, amen, amen.

### *Silent Meditation*

## Evening Week One

### *Silent Meditation*

### *Evening Prayer*

O Lord my God, most merciful, most secret, most present, most constant, yet changing all things; never new, and never old; ever in action, yet ever quiet; creating, upholding, and perfecting all. Who hath anything but of thy gift? Or what can any man say when he speaketh of thee? Yet have mercy upon us, O Lord, that we may speak unto thee and praise thy name. Amen.

Jeremy Taylor

### *Evening Gospel*

When it was evening of the first day of the week, the disciples were gathered together with the doors locked because they feared the Jews. Jesus came, stood among them, and said to them, "Peace be with you." Having said this, he showed them his hands and his side. So the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace to you. As the Father has sent me, I also send you." After saying this, he breathed on them and said, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

John 20:19-23

### *The Apostles' Creed*

I believe in God, the Father Almighty, maker of heaven and earth;

And in Jesus Christ his only Son, our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. On the third day, he rose from the dead. He ascended into heaven, and sitteth on the right hand of God the Father Almighty, from thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### *The Lord's Prayer*

Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

*The Doxology*

To be spoken or sung:

Praise God from whom all blessings flow. Praise Him all creatures here below. Praise Him above, ye heavenly host. Praise Father, Son, and Holy Ghost. Amen.

*Silent Meditation*

## Morning Week Two

### *Silent Meditation*

### *Morning Prayer*

It is very meet, right, and our bounden duty that we should at all times and in all places give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name, evermore praising thee and saying, Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory; glory be to thee, O Lord most high. Amen.

*Book of Common Prayer 1661*

### *Morning Psalm*

LORD, our Lord, how magnificent is your name throughout the earth! You have covered the heavens with your majesty. From the mouths of infants and nursing babies, you have established a stronghold on account of your adversaries in order to silence the enemy and the avenger. When I observe your heavens, the work of your fingers, the moon and the stars, which you set in place, what is a human being that you remember him, a son of man that you look after him? You made him little less than God and crowned him with glory and honor. You made him ruler over the works of your hands;

you put everything under his feet: all the sheep and oxen, as well as the animals in the wild, the birds of the sky, and the fish of the sea that pass through the currents of the seas. LORD, our Lord, how magnificent is your name throughout the earth!

Psalm 8

### *The Ten Commandments*

Do not have other gods besides me. Do not make an idol for yourself in the shape of anything in the heavens above or on the earth below or in the waters under the earth...Do not misuse the name of the LORD your God...Be careful to remember the Sabbath day, to keep it holy as the LORD your God has commanded you...Honor your father and your mother, as the LORD your God has commanded you, so that you may live long and so that you may prosper in the land the LORD your God is giving you. Do not murder. Do not commit adultery. Do not steal. Do not give dishonest testimony against your neighbor. Do not covet...

Deuteronomy 5:7-21

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### *The Gloria Patri*

To be spoken or sung:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be. World without end, amen, amen.

### *Silent Meditation*

## Evening Week Two

### *Silent Meditation*

### *Evening Prayer*

Let thy mighty hand, O Lord God, and outstretched arm be our defense; thy mercy and lovingkindness in Jesus Christ, thy dear Son, our salvation; thy all-true word, our instruction; the grace of the life-giving Spirit, our comfort and consolation, unto the end and in the end. Amen.

John Knox

### *Evening Gospel*

The eleven disciples traveled to Galilee, to the mountain where Jesus had directed them. When they saw him, they worshiped, but some doubted. Jesus came near and said to them, "All authority has been given to me in heaven and on earth. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age.

Matthew 28:16-20

### *The Apostles' Creed*

I believe in God, the Father Almighty, maker of heaven and earth;

And in Jesus Christ his only Son, our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. On the third day, he rose from the dead. He ascended into heaven, and sitteth on the right hand of God the Father Almighty, from thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### *The Lord's Prayer*

Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

## *The Doxology*

To be spoken or sung:

Praise God from whom all blessings flow. Praise Him all creatures here below. Praise Him above, ye heavenly host. Praise Father, Son, and Holy Ghost. Amen.

## *Silent Meditation*

## Morning Week Three

### *Silent Meditation*

### *Morning Prayer*

O God, who art infinite, eternal, and unchangeable, glorious in holiness, full of love and compassion, abundant in grace and truth; all thy works praise thee in all places of thy dominion, and thy Son hath glorified thee upon earth. Therefore we adore thee, Father, Son, and Holy Spirit, one God, blessed forever and ever. Amen.

Henry Van Dyke

### *Morning Psalm*

I love the LORD because he has heard my appeal for mercy. Because he has turned his ear to me, I will call out to him as long as I live...How can I repay the LORD for all the good he has done for me? I will take the cup of salvation and call on the name of the LORD. I will fulfill my vows to the LORD in the presence of all his people. The death of his faithful ones is valuable in the LORD's sight. LORD, I am indeed your servant; I am your servant, the son of your female servant. You have loosened my bonds. I will offer a

sacrifice of thanksgiving and call on the name of the LORD. I will fulfill my vows to the LORD in the presence of all his people, in the courts of the LORD's house - within you Jerusalem. Hallelujah!

Psalm 116:1-2, 12-19

### *The Ten Commandments*

Do not have other gods besides me. Do not make an idol for yourself in the shape of anything in the heavens above or on the earth below or in the waters under the earth...Do not misuse the name of the LORD your God...Be careful to remember the Sabbath day, to keep it holy as the LORD your God has commanded you...Honor your father and your mother, as the LORD your God has commanded you, so that you may live long and so that you may prosper in the land the LORD your God is giving you. Do not murder. Do not commit adultery. Do not steal. Do not give dishonest testimony against your neighbor. Do not covet...

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### *The Gloria Patri*

To be spoken or sung:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be. World without end, amen, amen.

### *Silent Meditation*

## Evening Week Three

### *Silent Meditation*

### *Evening Prayer*

O Lord most high, let our prayers be set before thee as incense and the lifting up of our hands as the evening sacrifice. Unite us in faith with thy whole Church, in hope with thy saints in heaven, and in love with all who are praying at this hour; and grant by thy mercies that we may present our bodies a living sacrifice, holy, acceptable unto thee, which is our reasonable service, and by thy grace be enabled to offer unto thee the sacrifice of a contrite heart, which thou, O God, wilt not despise. Amen.

*The Kingdom, the Power and the Glory*

### *Evening Gospel*

Jesus continued going around to all the towns and villages, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and every sickness. When he saw the crowds, he felt compassion for them, because they were distressed and dejected, like sheep without a shepherd. Then he said to his disciples, “The harvest is abundant, but the workers are few. Therefore, pray to the Lord of the harvest to send out workers into this harvest.”

Summoning his twelve disciples, he gave them authority over

unclean spirits, to drive them out and to heal every disease and sickness...Jesus sent out these twelve after giving them instructions: “Don’t take the road that leads to the Gentiles, and don’t enter any Samaritan town. Instead, go to the lost sheep of the house of Israel. As you go, proclaim: ‘The kingdom of heaven has come near.’ Heal the sick, raise the dead, cleanse those with leprosy, drive out demons. Freely you received, freely give.”

Matthew 9:35-10:8

### *The Apostles’ Creed*

I believe in God, the Father Almighty, maker of heaven and earth;

And in Jesus Christ his only Son, our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. On the third day, he rose from the dead. He ascended into heaven, and sitteth on the right hand of God the Father Almighty, from thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### *The Lord's Prayer*

Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

### *The Doxology*

To be spoken or sung:

Praise God from whom all blessings flow. Praise Him all creatures here below. Praise Him above, ye heavenly host. Praise Father, Son, and Holy Ghost. Amen.

### *Silent Meditation*

## Morning Week Four

### *Silent Meditation*

### *Morning Prayer*

O God of peace, our Father, we come to thee for refuge from the noise and hurry of the world, and the oppression of selfish thoughts and fears. Deliver us from the sins which hide thee from men, and give us of thy peace. And, we pray thee, grant that the Spirit which dwelt in thy Son without measure may so dwell in us that we may worship thee in humility and gladness, and go forth with hearts made cheerful and strong by the knowledge of thy love; through the same Jesus Christ our Lord. Amen.

*The Kingdom, the Power and the Glory*

### *Morning Psalm*

Listen, LORD, and answer me, for I am poor and needy. Protect my life, for I am faithful. You are my God; save your servant who trusts in you. Be gracious to me, Lord, for I call to you all day long. Bring joy to your servant's life, because I appeal to you, Lord. For you, Lord, are kind and ready to forgive, abounding in faithful love to all who call on you. LORD, hear my prayer; listen to my plea for mercy. I call on you in the day of my distress, for you will answer me. Lord, there is no one like you among the gods, and there are no

works like yours. All the nations you have made will come and bow down before you, Lord, and will honor your name. For you are great and perform wonders; you alone are God.

Psalm Psalm 86:1-10

### *The Ten Commandments*

Do not have other gods besides me. Do not make an idol for yourself in the shape of anything in the heavens above or on the earth below or in the waters under the earth...Do not misuse the name of the LORD your God...Be careful to remember the Sabbath day, to keep it holy as the LORD your God has commanded you...Honor your father and your mother, as the LORD your God has commanded you, so that you may live long and so that you may prosper in the land the LORD your God is giving you. Do not murder. Do not commit adultery. Do not steal. Do not give dishonest testimony against your neighbor. Do not covet...

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### *The Gloria Patri*

To be spoken or sung:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be. World without end, amen, amen.

### *Silent Meditation*

## Evening Week Four

### *Silent Meditation*

### *Evening Prayer*

O Almighty God, who art a most strong tower to all those who put their trust in thee, to whom all things in heaven, in earth, and under the earth do bow and obey; be now and evermore our defense, and make us know and feel that there is none other name under the heaven given to man in whom and through whom we may receive health and salvation, but only the name of thy Son, our Lord Jesus Christ. Amen.

*The Book of Worship for Church and Home*

### *Evening Gospel*

“A disciple is not above his teacher, or a slave above his master. It is enough for a disciple to become like his teacher and a slave like his master. If they called the head of the house ‘Beelzebul,’ how much more the members of his household! Therefore, don’t be afraid of them, since there is nothing covered that won’t be uncovered and nothing hidden that won’t be made known. What I tell you in the dark, speak in the light. What you hear in a whisper, proclaim on the housetops. Don’t fear those who kill the body but are not able to kill the soul; rather, fear him who is able to destroy both soul and body

in hell. Aren't two sparrows sold for a penny? Yet not one of them falls to the ground without your Father's consent. But even the hairs of your head have all been counted. So don't be afraid; you are worth more than many sparrows. Therefore, everyone who will acknowledge me before others, I will also acknowledge him before my Father in heaven. But whoever denies me before others, I will also deny him before my Father in heaven. Don't assume that I came to bring peace on the earth. I did not come to bring peace, but a sword."

Matthew 10:24-39

### *The Apostles' Creed*

I believe in God, the Father Almighty, maker of heaven and earth;

And in Jesus Christ his only Son, our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. On the third day, he rose from the dead. He ascended into heaven, and sitteth on the right hand of God the Father Almighty, from thence he shall come to judge the quick and the dead.

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### *The Lord's Prayer*

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### *The Doxology*

To be spoken or sung:

Praise God from whom all blessings flow. Praise Him all creatures here below. Praise Him above, ye heavenly host. Praise Father, Son, and Holy Ghost. Amen.

### *Silent Meditation*