

Suggested discussion questions for *Experiencing God in Prayer* session three

Note for leader: Because we are dealing with confession of personal sin, we need to be careful that no one feels pressured to divulge personal struggles. Hopefully our groups are safe places in which people share with sincerity and vulnerability. Nonetheless, we do not need to co-opt the work of the Spirit by prying things out of vulnerable people.

Read Psalm 32:1. Describe the blessing that comes from being forgiven by God. What happens when the experience of this blessing is missing? What kind of impact does unconfessed sin make in your life?

Read Psalm 51:3 and 1 John 1:8. It can be easy to get stuck in a rut and lose awareness of our sins. What are some ways that you can avoid deceiving yourself and be more mindful of your sins?

What is the difference between feeling condemned and feeling convicted?

Since God will forgive us, why shouldn't we sin as much as we want and simply ask for forgiveness?

Chip said, "Confession isn't beating yourself up." How can we talk about our sins to God without feeling like we've beat ourselves up?