

Suggested discussion questions for *Experiencing God in Prayer* session four

Begin the discussion time by simply reading together Psalm 100:1-5 as a prayer of praise and thanksgiving. Allow a different person to read each verse.

What can make it challenging for you to express gratitude to God?

Thankfulness is the recognition of a gift. Why is humility a requirement for being thankful? How does thankfulness fight against envy and jealousy while building contentment?

Read Colossians 3: 15-17. What role does giving thanks play in this passage? How does thankfulness relate to peace, relationships with others, and worshiping God?

Homework for the week: Make a list of 25 things - big or small - for which you are thankful to the Lord.